

Long Term Structured Residence (LTSR)



Bridging the gap between hospitalization and community reintegration

What is LTSR?

The Stairways Behavioral Health long-term structured residence (LTSR) setting provides a highly recovery-focused mental health treatment program. People in this program are transitioning from an inpatient mental health stay back into the community. Treatment focuses on developing social skills and increasing mental and physical health stability.

The LTSR is a part of Erie County's continuum of care and bridges the gap between hospital and home with an extended stay lasting an average of six months. The treatment-rich environment is guided by a physician, nurses and a team of mental health professionals, mental health workers and peer specialists.

People in the program and their families are encouraged to take an active role in their recovery process, treatment planning and discharge. As individuals prepare to transition from the LTSR, staff are available to assist with referrals to supportive services in the community, including such programs as Blended Case Management, Psychiatric Rehabilitation, Mobile Medication Management, Certified Peer Support, Assertive Community Treatment and other resources as needed.

Who qualifies for LTSR?

- Individuals 18 years and older who have been diagnosed with a serious mental illness
- Individuals who are referred from a treatment team that includes an attending physician in an inpatient, residential, or supervised setting and may benefit from a longer-term mental health stabilization
- Individuals are voluntary and must be willing to participate in this program



Stairways is accredited by the Joint Commission for Healthcare Organizations, the gold seal of the US health care industry.

**Stairways Long Term
Structured Residence**
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Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.

