## Mobile Medication Monitoring



Take control of managing your medication.

## What is Mobile Medication Monitoring?

For some persons with a mental illness, taking psychiatric medications can be confusing and frustrating. Many people stop taking their medications as prescribed, often leading to psychiatric hospitalizations and/or mental health crises.

The goal is for medications to be taken consistently, safely and as prescribed and ultimately independently, so there is less need for more intensive services.

Each person is met at the level of care they require – from daily home visits to reminder phone calls. The program operates 7 days a week. Hours of operation are 8 a.m. to 9 p.m. Monday through Thursday, 8 a.m. to 4 p.m. on Friday and on-call only during Saturdays and Sundays.

Who qualifies for Mobile Medication Monitoring?

- Erie County residents who are at least 18 years old.
- Individuals diagnosed with a serious mental.

• Individuals having difficulty taking psychiatric medications as prescribed.



Stairways is accredited by the Joint Commission for Healthcare Organizations (JCAHO), the gold seal of the US health care industry.

## What are the benefits of Mobile Medication Monitoring?

Our staff assists people with:

- Developing a daily routine and finding an organizational system that works.
- Packing a medication box, learning safe ways to store medication and proper medication deposal.
- Learning the name, purpose, dosage and side effects of each medication and how it relates to their symptoms.
- Attaining skills to access pharmacies, to obtain refills from providers and to utilize services such as pharmacy delivery, automated refills, etc.

For more information call: 814-878-3573

## Visit us at www.StairwaysBH.org

Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care



needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.