

# Personal Care Homes



*Residential, therapeutic and social support for individuals challenged with serious and persistent mental illness.*

## What is a Personal Care Home?

Stairways personal care homes are 24-hour, supervised, state-licensed facilities where persons with mental health care needs receive therapeutic support as well as recreational and social opportunities.

Residents receive personalized care in homelike environments, recognizing their unique mental health needs. Individuals are assisted in reaching and maintaining their maximum potential and are encouraged to develop continuing, self-sustained, independent activities in addition to those provided by the program.

## Services provided

Activities at personal care homes are developed to meet the needs of each resident. Some activities are conducted in groups to provide opportunities to socialize with others, while others are individual activities for each resident. Most services are provided on the grounds of the homes, with additional opportunities to visit and experience interesting places in the community.

Assistance activities can include:

- Maintaining mental and physical health
- Arranging for and managing health care
- Making and keeping doctor's appointments
- Managing medications
- Maintaining personal hygiene
- Doing laundry
- Arranging for transportation
- Managing benefits and finances
- Participating in social and recreational activities
- Interpersonal relationship skills
- Beneficial use of leisure time
- Vocational training

## Who qualifies for Personal Care Home services?

This program is available to adult Erie County residents with serious and persistent mental illness who meet the criteria for this level of daily support.

These services are critical for individuals in need of enhanced care for complex needs and personalized attention in a safe and stable environment.

Residents are enrolled by Erie County Care Management (ECCM).

*For more  
information, call:*

**814-878-2124**



Stairways Behavioral Health has earned The Joint Commission's Gold Seal of Approval.



Visit us at [www.StairwaysBH.org](http://www.StairwaysBH.org)

*Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.*