Utilize all-inclusive care

Enjoy 24-hour care in a homelike environment

Learn valuable skills

Call to learn how RTFA can help today!

814-878-2153 or Toll-free 888-453-5806 www.StairwaysBH.org 2185 W. 8th Street Erie, PA 16505



a member of Journey Health System

Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.



ADULT RESIDENTIAL TREATMENT Building a Bridge to Recovery www.StairwaysBH.org

Stairways Behavioral Health

What is RTFA?

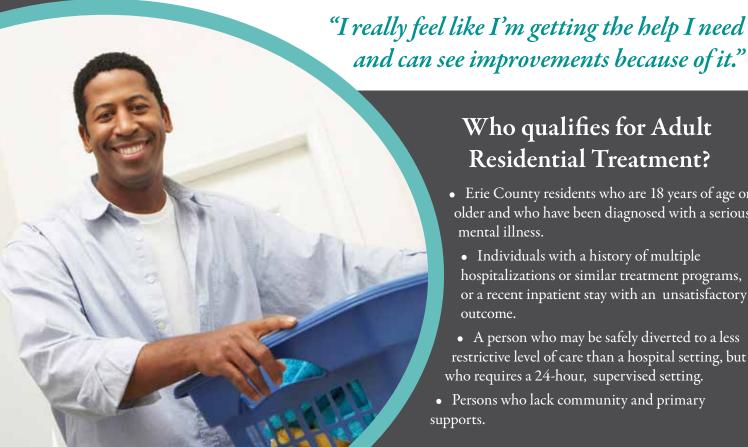
The Residential Treatment Facility for Adults (RTFA) is a 15-bed facility providing 24-hour, supervised care for up to 30 days. The RTFA provides a safe, tranquil, predictable and supportive setting as an alternative to inpatient mental health hospitalization or as a step-down from inpatient care.

Not only do individuals in acute psychological distress require kindness and nurturance, but many need assistance in managing normal everyday routines that, under better circumstances, would not appear daunting at all.

Treatment is tailored to meet each individual's needs and goals through a holistic, multidisciplinary approach. Services include psychiatry, nursing, individual and group therapy and case management.

Adults participating in the treatment program will:

- such things as:
 - getting a full night's rest
 - eating three healthy meals prepared for them
- Fully participate in group and individual therapy
- Work with Stairways professionals to make connections to formal and informal supports in the community for assistance after leaving the program



Who qualifies for Adult Residential Treatment?

- Erie County residents who are 18 years of age or older and who have been diagnosed with a serious mental illness.
 - Individuals with a history of multiple hospitalizations or similar treatment programs, or a recent inpatient stay with an unsatisfactory outcome.
- A person who may be safely diverted to a less restrictive level of care than a hospital setting, but who requires a 24-hour, supervised setting.
- Persons who lack community and primary supports.