# Youth in Transition - Fairweather Lodge



## What is Youth in Transition (YIT) Fairweather Lodge?

The YIT Lodge is a living arrangement designed specifically for males, aged 18-25, with a serious mental illness, who live together in a congregate setting while developing life skills for successful and independent adult living. Individuals in the program receive skills training and support to identify goals for living, learning, working and socializing in a healthy, productive way, with the ability to then move on to be more successful and independent adults. YIT Lodge members share the day-to-day experiences of running a home, including responsibility for household chores and meal planning, and are encouraged and supported in employment searches and problem-solving. The members receive support and service from Psychiatric Rehabilitation professionals, however this is not a "staffed program" and the members are expected to support one another when needed.

#### Who qualifies for the Lodge program?

- 18-25 year old males, diagnosed with a Serious Mental Illness, eligible for Psychiatric Rehabilitation services
- Individuals who are interested in developing skills for a more independent life
- Erie County residents
- Homeless or facing imminent homelessness
- Physically & emotionally able to participate in activities within the home and community
- Since greater independence is a major goal of this program, applicants should be able & interested in working or seeking active employment



### What are the benefits of living in a Fairweather Lodge?

- YIT Lodge provides affordable group living while respecting one's personal freedom.
- YIT Lodge creates a supportive environment in which residents live, grow and learn from others.
- YIT Lodge encourages residents to take part in healthy decision making processes.
- YIT Lodge ensures members receive adequate mental health services, including medication.
- YIT Lodge enhances members' employability by developing social and work-related skills.

For more information call:

814-870-5333

#### Visit us at www.StairwaysBH.org

Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care



needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.