

FREQUENTLY USED RESOURCES FOR MENTAL HEALTH CONSUMERS

EMERGENCY LINES:

CRISIS SERVICES	456-2014
BASE SERVICE UNIT	878-3400
ERIE POLICE NON-EMERGENCY	870-1125
CROSSROADS (D&A)	459-4775
OFFICE OF CHILDREN & YOUTH	451-6600
NAMI PA-Erie County Affiliate	456-1773
MENTAL HEALTH ASSN. OF NW PA	452-4462
ERIE HOTLINE INFORMATION & REFERRAL	453-5656

COUNSELING

AGAPE CENTER FOR HUMAN GROWTH	814-454-6224
CASE MANAGEMENT SUPPORT SERVICES	814-878-3400
HOMELESS CASE MANAGEMENT	
INTENSIVE CASE MANAGEMENT	
INTENSIVE CASE MANAGEMENT (CORY)	814-664-8210
MENTAL HEALTH TREATMENT	
ALTERNATIVES TO STREET CRIME	814-871-5150
PROJECT ELDER CARE	
SERVICE MANAGEMENT UNIT	814-878-3400
CATHOLIC CHARITIES COUNSELING	
& ADOPTION SVC.	814-456-2091
CENTER FOR PERSONAL & FAMILY GROWTH	814-877-7065
COMMUNITY HOUSE	814-459-5853
SAFE HARBOR BEHAVIORAL HEALTH	814-459-9300
COMMUNITY SERVICE CENTER (ALBION)	814-756-5247
COUNSELING SERVICE CENTER (CORY)	814-664-7761
FAMILY SERVICES (MAIN)	814-866-4500
UNION CITY CENTER	814-438-3655
GIRARD CENTER	814-774-3219
FLORENCE CRITTENTON SERVICES	814-452-2740
GECAC DRUG & ALCOHOL SERVICES (MAIN)	814-459-4581
MERCY CENTER FOR WOMEN	814-453-3668
SAINT VINCENT COMMUNITY MENTAL HEALTH	814-452-5480
(24 HOUR CRISIS HOTLINE)	814-452-5151
SARAH A. REED CHILDREN'S CENTER	814-838-1954
EARLY INTERVENTION	814-453-4309
STAIRWAYS BEHAVIORAL HEALTH	814-453-5806
VET CENTER	814-453-7955
VETERAN'S MEDICAL CENTER	
(MENTAL HEALTH CLINIC)	814-868-8661

GED PROGRAMS

ADULT LEARNING CENTER	814-871-6656
CAREER LINK	814-455-9966
CENTER FOR ADULT EDUCATION	814-734-5610
GECAC TRAINING INSTITUTE	814-459-9859
HISPANIC-AMERICAN COUNCIL, INC.	814-455-0212
QUALITY OF LIFE LEARNING CENTER	814-899-3904
SAINT BENEDICT EDUCATION CENTER	814-452-4072
STAIRWAYS BEHAVIORAL HEALTH	814-878-2010

ENGLISH AS A SECOND LANGUAGE CLASSES

ADULT LEARNING CENTER	814-871-6656
HISPANIC-AMERICAN COUNCIL, INC.	814-455-0212
QUALITY OF LIFE LEARNING CTR.	814-899-3904
CENTER FOR ADULT EDUCATION	814-734-5610
INTERNATIONAL INSTITUTE	814-452-3945

EMPLOYMENT EDUCATION/ TRAINING PROGRAMS

NWPDC (NORTHWEST PROFESSIONAL DEVELOPMENT CENTER) - STAIRWAYS REGIONAL SKILLS CENTER	814-878-2010
KENNETH D. FRANTZ EDUCATION CTR	814-868-5443
ERIE AREA JOB TRAINING PARTNERSHIP	814-453-4990
SINGLE POINT OF CONTACT (SPOC)	814-452-4072
	814-456-0061
NW TRI-CO INTERMEDIATE UNIT	814-866-3775
TALENT SEARCH (CITY)	814-459-4581 x 499
TALENT SEARCH (COUNTY)	814-866-5443
CAREER ASSESSMENT CENTER, INC.	814-453-7681
CAREER LINK	814-455-9966
ERIE JOB CENTER	814-871-4321
HISPANIC-AMERICAN COUNCIL	814-455-0212
JOB CORPS	814-459-8456
	800-713-4178
NEW CHOICES / NEW OPTIONS	
CAREER DEVELOPMENT SVCS.	814-480-8792
PENNSYLVANIA OFFICE OF VOCATIONAL REHABILITATION	814-871-4551
	800-541-0721
PA WIN (PENNSYLVANIA WORKFORCE IMPROVEMENT NETWORK) - STAIRWAYS	814-878-2010
SAINT BENEDICT EDUCATION CENTER	814-452-4072
GECAC	814-459-4581
STAIRWAYS EMPLOYMENT SUPPORT SERVICES	814-878-2002

HOUSING / HOUSING ASSISTANCE

HOMELESS CASE MANAGEMENT	814-878-3400
CITY OF ERIE HOUSING AUTHORITY	814-452-2425
H.A.N.D.S. (HOUSING & NEIGHBORHOOD DEVELOPMENT SVCS.)	814-459-1047
GECAC	814-459-4581 x 428
ERIE COUNTY ASSISTANCE OFFICE	814-461-2055/2056
ERIE UNITED METHODIST ALLIANCE	814-456-8073
BETTER HOMES FOR ERIE, INC.	814-459-1047
ERIE COUNTY / CITY OF CORY	814-665-5161
HOUSING & REDEVELOPMENT	800-246-2807
ERIE DAWN, INC.	814-453-5921
GREATER ERIE AREA HABITAT FOR HUMANITY	814-454-7025
MARIA HOUSE PROJECT	814-454-0891
MERCY CENTER FOR WOMEN	814-455-9832
TRANSITIONAL LIVING CENTER	814-455-1774

HOUSING / HOUSING ASSISTANCE continued

BOOKER T. WASHINGTON CENTER 814-453-5744
MORTGAGE ASSISTANCE AND
FORECLOSURE HOTLINE 800-342-2397

SHELTERS

COMMUNITY SHELTER SERVICES 814-453-5937
SAFE NET 814-454-8161
HORIZON HOUSE 814-438-2675
THE REFUGE 814-454-6088
COMMUNITY OF CARING 814-456-6661
CITY MISSION 814-452-4421
HOMELESS CASE MANAGEMENT 814-878-3456
SHELTER AID HOTLINE 800-333-SAFE

FOOD BANKS

The following is a list of food banks in your area. Contact the food bank for more information on days, times, and eligibility requirements.

CARING KITCHEN
930 LIBERTY STREET 814-454-2426
CATHEDRAL OF ST. PAUL
134 WEST 7TH STREET 814-452-3779
CITY MISSION
1023 FRENCH STREET 814-452-4421
EMMAUS SOUP KITCHEN
218 EAST 11TH STREET 814-459-8754
ERIE CENTER CITY OUTREACH
538 EAST 10TH STREET 814-459-3131
JOEL TWO RESTORATION MINISTRY
2201 REED STREET 814-455-4464
KEARSARGE AREA FOOD PANTRY
5440 WASHINGTON STREET 814-864-1920
SAINT MARTIN CENTER, INC.
(ALSO EMERGENCY FOOD ASSISTANCE)
1701 PARADE STREET 814-452-6113
WATERFORD FOOD PANTRY
WATERFORD PRESBYTERIAN CHURCH 814-796-2929

For information about a food pantry that is nearest to you, call:

SECOND HARVEST FOOD BANK OF NW PA 814-459-3663

CLOTHING

CITY MISSION 814-452-4421
ERIE UNITED METHODIST ALLIANCE
RAINBOW CONNECTION 814-456-8073
JOEL TWO RESTORATION MINISTRY 814-455-4464
SAINT MARTIN CENTER, INC. 814-452-6113
SALVATION ARMY CORRY 814-664-7100
MERCY CENTER FOR WOMEN 814-455-9832

PREGNANCY SERVICES

CATHOLIC CHARITIES COUNSELING
& ADOPTION SVCS. 814-456-2091
EMERGENCY PREGNANCY SERVICE 814-459-3103
FAMILY SERVICE 814-866-4500
FLORENCE CRITTENTON SERVICE 814-452-2740
MARCH OF DIMES 814-833-4941
WOMENS CARE CENTER / 24 HOUR HOTLINE 814-459-4050

ADULT & CHILD DEVELOPMENT

ACHIEVEMENT CENTER 814-459-2755
BIG BROTHERS / BIG SISTERS OF ERIE CO. 814-864-0605
BOYS AND GIRLS CLUB OF ERIE 814-459-4521
CENTER FOR ADULT READING & EDUCATION 814-459-1977
ERIE CENTER ON HEALTH & AGING 814-453-5072
ERIE COOPERATIVE EXT. OFFICE 814-825-0900
ERIE CO. COORDINATED DAY CARE 814-451-6580
ERIE INDEPENDENCE HOUSE 814-459-6161
EVEN START (GECAC) 814-459-4581
FAMILIES OF OFFENDERS 814-864-0605
FAMILY MINISTRIES OFFICE 814-824-1250
FRENCH CREEK COUNCIL BOY SCOUTS
OF AMERICA 814-868-5571
GANNON UNIV. PROF. DEVELOPMENT OFFICE
OF CONTINUING EDUCATION 814-871-5459
HEAD START (GECAC) 814-459-4581
TRINITY CENTER 814-453-2468
J.F.K. CENTER YOUTH DIVERSION PROGRAM 814-898-0400
J.F.K. CASE MANAGEMENT SERVICES 814-898-0400
LAKE AREA HEALTH EDUCATION CENTER 814-868-6225
MERCY CENTER FOR WOMEN 814-453-3668
N.W. TRI-COUNTY INTERMEDIATE UNIT
& PRESCHOOL PROJECT 800-352-0045
NEW CHOICES - NEW OPTIONS
CAREER DEVELOPMENT SERVICE 814-868-9847
PENN LAKES GIRL SCOUT COUNCIL 800-445-9170
814-734-3793
SPECIAL KIDS NETWORK/PARENT-TO-PARENT
YMCA (DOWNTOWN) 800-986-4550
(GLENWOOD PARK FAMILY BRANCH) 814-452-3261
(EASTSIDE / NORTHEAST) 814-868-0867
814-899-9622
YWCA OF ERIE CHILDREN'S CENTER 814-838-9671
YWCA CITY CENTER DOWNTOWN
MAIN / CHILDCARE CENTERS 814-456-4576

MISCELLANEOUS

LIFT 456-2299
ASK A NURSE 452-5500
ERIE CO. WELFARE OFFICE 461-2000
ERIE CO. SOCIAL SECURITY OFFICE 452-6696
NORTHWEST LEGAL SERVICES 452-6949
ST. PAUL'S NEIGHBORHOOD FREE CLINIC 454-8756

HOTLINES

AMERICAN ACADEMY OF PEDIATRICS	847-228-5005
CDC NATIONAL IMMUNIZATION INFO HOTLINE	800-232-2522
AMERICAN DIABETES ASSOCIATION	800-DIABETES
ALLIANCE OF GENETIC SUPPORT GROUPS	800-336-GENE
NATIONAL HEADACHE FOUNDATION	800-843-2256
AMERICAN SPEECH-LANGUAGE-HEARING ASSOC.	800-638-8255
AMERICAN HEART ASSOCIATION	800-242-8721
BOYS TOWN HOTLINE	800-448-3000
BUREAU OF CHILD SUPPORT ENFORCEMENT	800-932-0211
BUREAU OF CONSUMER PROTECTION	800-441-2555
BUREAU OF WORKERS COMPENSATION	800-482-2383
NATIONAL CHILD ABUSE HOTLINE	800-422-4453
CHILD FIND OF AMERICA, INC.	800-426-5678
MISSING CHILDREN	800-235-3535
CHILD LINE	800-932-0313
CHILDREN'S SERVICES OF ERIE CO.	814-451-6600
COMMUNITY MENTAL HEALTH CENTER	814-452-5151
CRIME STOPPERS	800-472-8477
CRISIS LINE	814-724-2732
ERIE COUNTY COURT HOUSE	814-451-6000
ERIE CO. DEPT. OF HEALTH	814-451-6700
WELL BABY CLINICS	
DIABETES INFORMATION	
VD CLINIC FREE & CONFIDENTIAL	
ERIE COUNTY PRISON	814-451-7500
ERIE COUNTY VICTIM WITNESS SERVICES	814-455-9515
FAIR HOUSING AND	
EQUAL OPPORTUNITY OFFICE	800-669-9777
FOOD STAMPS, MEDICAL ASSISTANCE,	
& CASH ASSISTANCE	800-692-7462
INFO AND REFERRAL HOTLINE	814-453-5656
LEARNING LINE	800-242-5465
LAWYER REFERRAL	800-4-LAWYER
MEDICARE	800-382-1274
NATIONAL ALLIANCE FOR THE MENTALLY ILL	800-950-NAMI
NATIONAL HIGHWAY TRAFFIC SAFETY	
ADMINISTRATION & SAFE AUTO LINE	800-424-9393
NATIONAL LABOR RELATIONS BOARD	412-644-2977
NATIONAL RUNAWAY SWITCHBOARD	800-624-4000
OPERATION HOME RUN	
(SERVICE OF RUNAWAYS)	800-HIT-HOME
PA HIGHER EDUCATION ASSISTANCE	800-692-7392
POISON CONTROL CENTER	
(CAN CALL COLLECT)	412-681-6669
PRODUCT RECALL INFORMATION	800-638-2772
PRODUCT SAFETY HOTLINE	800-638-2772
RAPE HOTLINE (ERIE RAPE CRISIS)	800-352-RAPE
SOCIAL SECURITY DISABILITY	800-772-1213
TEENAGE PREGNANCY & PARENTING PROJECT	800-247-8277
TEENLINE	800-722-5385
WIC - WOMEN, INFANTS & CHILDREN PROGRAM	814-453-5744
	800-WIC-WINS

HOTLINES (continued)

NATIONAL INSTITUTE ON AGING INFO CTR.	800-222-2225
CENTERS FOR DISEASE CONTROL AND	
PREVENTION NATIONAL AIDS HOTLINE	800-342-AIDS
AIDS TESTING AND COUNSELING	814-451-6700
AMERICAN COUNCIL FOR DRUGS	
EDUCATION'S DRUG HELP SERVICE	800-378-4435
ALCOHOLISM HOTLINE	800-252-6465
COCAINE INFORMATION	800-262-2463
DRUG ABUSE INFORMATION	800-662-4357
DRUG AND ALCOHOL ABUSE HOTLINE	800-932-0912
MOTHERS AGAINST DRUNK DRIVERS	800-438-6233
NATIONAL CANCER INSTITUTE'S	
CANCER INFO SERVICE	800-422-6237
AMERICAN CHRONIC PAIN ASSOCIATION	916-632-0922
NATIONAL ORGANIZATION FOR RARE DISORDERS	800-999-6673
AMERICAN LUNG ASSOCIATION	
(SMOKING CESSATION INFO)	800-586-4872
NATIONAL WOMEN'S HEALTH NETWORK	202-628-7814

LOCAL SUPPORT GROUPS

For Family Members

Family-To-Family Support Group
2nd & 4th Tuesday of the Month
6:30 - 8:00 PM
NAMI PA-Erie Co Affiliate office
1611 Peach Street, Suite 105
Phone: 456-2924

Family Support Group
2nd & 4th Thursday of the Month
CMSS
2185 West 8th Street
Phone: 456-2924

Forensic Support Group - For families w/ a mentally ill loved one involved in the criminal justice system
2nd Monday of the Month 6:00 - 7:30 PM
NAMI PA-Erie Co Affiliate
1611 Peach Street, Suite 105
Phone: 456-4854

Parent Support Group
For families with a school-aged children with a mental health diagnosis
2nd Thursday of the Month 6:30 - 8:00 PM
Safe Harbor Behavioral Health
1330 West 26th Street
Phone: 456-2924

Family-To-Family Support Group
1st & 3rd Wednesday 6:30 - 8:00 PM
NAMI PA-Erie Co Affiliate
1611 Peach Street, Suite 105
Phone: 456-2924

People After Loss thru Suicide (PALS)
3rd Tuesday of every month 7:00 - 9:00 PM
St. Mark's Center
3933 East Avenue
Sr. Claire Hudert
Phone: 824-1253

For more information on Support Groups offered by NAMI PA-Erie Co Affiliate, please call 456-2924

For Consumers

Panic & Anxiety Disorder Support Group
Wednesdays 4:30 - 6:00 PM
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462

Wellness Recovery Action Plan (WRAP)
Tuesdays 1:00 - 3:00 PM
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462

Schizophrenia Anonymous (SA)
Thursdays 4:00 - 5:00 PM
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462

Self-Injury Support Group
(for persons 13 years of age and older)
Wednesdays 6:30 - 8:00 PM
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462

Spirituality Group
Thursdays 3:00 PM
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462

Depression and Bipolar Alliance Support Group
1st & 3rd Tuesday of the Month 6:30 - 7:30 PM
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462

Dual Recovery Anonymous
Tuesdays 11:00 AM & Thursdays 12:00 noon
Mental Health Association of NWPA
1101 Peach Street
Phone: 452-4462