

# What is Stairways?

*For persons with mental health care needs, Stairways Behavioral Health is a place for hope.*

From rehabilitating persons in crisis to helping teens deal with depressive disorders, Stairways has evolved into one of the most comprehensive health care providers in northwestern Pennsylvania.

Founded in 1961, Stairways offers a rich array of services and a variety of approaches for men, women and children wanting to improve their mental well-being.



## Help your child succeed

*Improve family life*

## Create a brighter future

*Call to learn how  
Blended Case Management  
can help today!*

*Toll-free 888-453-5806*

*or 814-453-5806*

[www.StairwaysBH.org](http://www.StairwaysBH.org)

2185 W. 8th Street

Erie, PA 16505



*a member of Journey Health System*

Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.



Accredited by the Joint Commission on Accreditation of Healthcare Organizations

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*Stairways Behavioral Health*  
**BLENDED CASE  
MANAGEMENT**  
Services for Children, Transitional  
Youth and Parents

*Bridging Child  
& Adult Systems*



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# Why Blended Case Management?

Blended Case Management (BCM) provides support toward recovery from mental illness by working together with clients to assess and develop goals in the following areas: • Mental Health • Income • Housing • Education/Vocation • Drug/Alcohol • Medical • Activities of Daily Living • Socialization • Legal

Stairways can provide a BCM team trained and specialized in BOTH the child and adult systems. This allows for the same BCM to work with multiple family members when clinically appropriate. A BCM can also remain with a client when necessary as they transition through life.

## Child

The child-centered BCM services are designed to assure that children and adolescents who have, or are at risk for, a serious mental illness or emotional disturbance get the treatment and support necessary to help them succeed in the home, school and community.

A BCM works with family, school and mental health professionals, helping to identify, access and coordinate resources such as:

- Mental health resources
- Informal supports
- Office of Children and Youth/ Juvenile Probation
- School related needs
- Primary care physicians and medical specialists
- Therapeutic camps, summer activities

## Transitional Youth

During this time of life, individuals are most vulnerable to the complex challenges they face as they transition to adulthood. Particularly at risk are youth facing these new challenges alone, without a stable natural support system or family.

Services offered to children may no longer meet the needs of transitional youth, who are often not prepared to navigate the adult services alone. Transitional BCMs can assist with available resources, placing special focus on the following:

- School transition services
- Aging out of children and youth services
- Income, benefits and employment resources
- Specialized transition age resources
- Housing and homelessness
- LGBTQIA supports

## Parents

Parenting can at times be challenging. Parents working toward recovery from a serious mental illness may need additional support to ensure that both their own and their children's needs are met.

BCM's working with parents can provide special attention to the many daily needs of parenting:

- Support, advocacy and problem resolution relating to the child's school, medical or mental health needs
- Support with legal needs including truancy, juvenile probation programs, custody and Office of Children and Youth
- Linking the child to additional supports as they are identified
- Accessing resources for school supplies, household goods and safety supplies

## Eligibility Requirements:

**Child** - Must be an Erie County resident, up to age 18, or up to 21 if the child is still in school and has an IEP (Individualized Education Plan). Children must have a mental health diagnosis. In addition, they may already have services, be in need of additional services OR have one of the following at risk criteria:

- Parent with a Serious Mental Illness
- History of physical or sexual abuse
- Drug/alcohol dependence
- Student Assistance Program (SAP) referral
- Homelessness

**Transitional Youth** - Any individual age 16 - 24 who meets criteria for either the child or adult eligibility based on age and school status.

**Parents** - Any adult over the age of 18 who lives in Erie County and has the following:

- Diagnosis of a serious mental illness, such as schizophrenia or bipolar disorder
- Significant difficulty independently managing responsibilities at home, at work or in the community
- Recent psychiatric hospitalizations or frequent contacts with Crisis Services

